



MAY 2022 - Calendar of Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May Day 1 1:00 Ecumenical Worship (AU)	National Truffle Day 2 9:30 Qi-Gong (AU) 1:00 Spiritual Connection (RR) 6:30 Poker (2F)	Wild Koala Day 3 9:00 Chair Yoga (AU) 9:30 Walgreen's (TRP) 1:30 Art Class (AC) 2:30 Ice Cream (BH) 5:00 Manicures (2F)	National Star Wars Day 4 9:30 Music & Movement (AU) 1:00 Midweek Connection (RR)	Cinco de Mayo Day 5 9:30 Jewel/Osco (TRP) 1:00 Lilies – Bible Study (RR) 2:30 Bingo (AU)	National Wildflower Week 6 10:00 Yoga w/Judy (AU) 1:30 Armchair Travel (AU) "Italy"	National Tourism Day 7 10:00 Zen Coloring (RR) 1:15 Saturday Matinee (AU) "Inside Out"
Mother's Day <3 8 1:00 Ecumenical Worship (AU)	Lost Sock Memorial Day 9 9:30 Qi-Gong (AU) 1:00 Spiritual Connection (RR) 6:30 Poker (2F)	National Trust Your Intuition Day 10 9:00 Chair Yoga (AU) 9:30 Trader Joe's (TRP) 1:30 Art Class (AC) 2:30 Bowling (AU) 5:00 Manicures (2F)	National Eat What You Want Day 11 9:30 Music & Movement (AU) 1:00 Midweek Connection (RR) 6:15 Late Night Movie "Remember the Titans"	International Nurses Day 12 9:30 Jewel/Osco (TRP) 10:15 Coffee & Chat (BH) 1:00 Lilies – Bible Study (RR) 2:30 Bingo (AU)	Frog Jumping Day 13 10:00 Yoga w/Judy (AU) 1:30 Armchair Travel (AU) "Spain"	National Buttermilk Biscuit Day 14 10:00 Zen Coloring (RR) 1:15 Saturday Matinee (AU) "My Big Fat Greek Wedding"
National Straw Hat Day 15 1:00 Ecumenical Worship (AU)	National BBQ Day 16 9:30 Qi-Gong (AU) 1:00 Spiritual Connection (RR) 6:30 Poker (2F)	National Walnut Day 17 9:00 Chair Yoga (AU) 9:30 Errand Day (TRP) 1:30 Art Class (AC) 2:30 Ice Cream (BH) 5:00 Manicures (2F)	International Museum Day 18 9:30 Music & Movement (AU) 1:00 Midweek Connection (RR)	National Devil's Food Cake Day 19 9:30 Jewel/Osco (TRP) 10:00 Resident Council (AU) 1:00 Lilies – Bible Study (RR) 2:30 Bingo (AU)	World Bee Day 20 10:00 Yoga w/Judy (AU) 1:00 Magic Show (AU)	National Strawberries & Cream Day 21 10:00 Zen Coloring (RR) 1:15 Saturday Matinee (AU) "Daddy Day Care"
Biological Diversity Day 22 1:00 Ecumenical Worship (AU)	World Turtle Day 23 9:30 Qi-Gong (AU) 1:00 Spiritual Connection (RR) 6:30 Poker (2F)	International Tiara Day 24 9:00 Chair Yoga (AU) 10:00 Lincoln Park Zoo (TRP) 1:30 Art Class (AC) 2:30 Bowling 5:00 Manicures (2F)	National Tap Dance Day 25 9:30 Music & Movement (AU) 1:00 Midweek Connection (RR) 6:15 Late Night Movie "Moana"	National Blueberry Cheesecake Day 26 9:30 Jewel/Osco (TRP) 10:15 Coffee & Chat (BH) 1:00 Lilies – Bible Study (RR) 2:30 Bingo (AU)	Do One Thing/Nothing to Fear Day 27 10:00 Yoga w/Judy (AU) 1:30 Armchair Travel (AU) "Scandinavia"	National Hamburger Day 28 10:00 Zen Coloring (RR) 1:15 Saturday Matinee (AU) "The Sound of Music"
National Alligator Day 29 1:00 Ecumenical Worship (AU)	Memorial Day 30 9:30 Qi-Gong (AU) 1:00 Spiritual Connection (RR) The Administration Office is Closed today	National Macaroon Day 31 9:00 Chair Yoga (AU) 9:30 Target/Aldi (TRP) 1:30 Art Class (AC) 2:30 Ice Cream 5:00 Manicures (2F)			<u>Room Site Key</u> (AC) – Arts & Crafts (AU) – Auditorium (BH) – Bee Hive (Ex.R) – Exercise Room (FR) Fountain Room	<u>Room Site Key</u> (HLG) Heritage Lane (LIB) Library (TRP) Scheduled Trip (RR) Reflection Room (2F)–2 nd Floor Game Rm

ALL ACTIVITIES ARE SUBJECT TO CHANGE!!! PLEASE CHECK THE DAILY SHEET FOR ANY ADJUSTMENTS.

Please remember: Proper mask usage is required for all activities and in public spaces (ie: Lobby, Fountain Room, Auditorium, etc.)