

AUGUST 2022 - Calendar of Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Spider Man Day 1 9:30 Qi-Gong (AU) 6:15 Poker (2F)	National Ice Cream Sandwich Day 2 9:00 Chair Yoga (AU) 1:00 Painting Birdhouses (AC)	National Watermelon Day 3 9:30 Music & Movement (AU) 1:30 Ice Cream ☺ (BH) 6:00 Movie Night "Ratatouille"	Coast Guard Day 4 1:30 Bingo (AU) 2:30 Spiritual Practices (RR)	International Traffic Light Day 5 10:00 Yoga w/Judy (AU) 1:30 Armchair Travel (AU) 2:30 Jeopady! (AU) 6:15 Poker (2F)	National Root Beer Float Day 6 10:00 Zen Coloring (RR) 1:00 Saturday Matinee (AU) "Michael"
National Lighthouse Day 7 2:00 Worship Service	International Cat Day 8 9:30 Qi-Gong (AU) 6:15 Poker (2F)	Book Lovers Day 9 9:00 Chair Yoga (AU) 2:30 Bowling (AU)	National S'mores Day 10 9:30 Music & Movement (AU) 1:00 Chair Yoga w. Randi (AU) 2:00 Spiritual Practices (RR)	National Sons & Daughters Day 11 10:15 Coffee & Chat (BH) 1:30 Bingo (AU)	World Elephant Day 12 10:00 Yoga w/Judy (AU) 1:30 Armchair Travel (AU) 6:15 Poker (2F)	International Left-Handers Day 13 10:00 Zen Coloring (RR) 1:00 Saturday Matinee (AU) "Fried Green Tomatoes"
National Creamsicle Day 14 2:00 Worship Service	National Relaxation Day 15 9:30 Qi-Gong (AU) 6:15 Poker (2F)	National Roller Coaster Day 16 9:00 Chair Yoga (AU) 9:30 Jewel/Osco (TRP) 3:30 Singalong w. Bev ☺ (AU)	Baby Boomer Recognition Day 17 9:30 Music & Movement (AU) 1:30 Ice Cream ☺ (BH) 6:00 Movie Night "Willy Wonka & the Chocolate Factory"	National Fajita Day 18 1:30 Bingo (AU) 2:30 Spiritual Practices (RR)	National Aviation Day 19 10:00 Yoga w/Judy (AU) 1:30 Armchair Travel (AU) 2:30 Jeopardy! (AU) 6:15 Poker (2F)	National Lemonade Day 20 10:00 Zen Coloring (RR) 1:00 Saturday Matinee (AU) "You Can't Take It with You"
National Senior Citizen Day 21 2:00 Worship Service	National Tooth Fairy Day 22 9:30 Qi-Gong (AU) 6:15 Poker (2F)	National Sponge Cake Day 23 9:00 Chair Yoga (AU) 9:30 Target/Aldi (TRP) 2:30 Bowling (AU)	National Waffle Cake Festival 24 9:30 Music & Movement (AU) 2:00 Spiritual Practices (RR)	National Kiss & Make-Up Day 25 10:15 Coffee & Chat (BH) 1:30 Bingo (AU)	National Dog Day 26 10:00 Yoga w/Judy (AU) 1:30 Armchair Travel (AU) 6:15 Poker (2F)	National Banana Lovers Day 27 10:00 Zen Coloring (RR) 1:00 Saturday Matinee (AU) "Encanto"
National Radio Commercials Day 28 1:00 Worship Service 2:00 Ebenezer Choir ☺	National Chop Suey Day 29 9:30 Qi-Gong (AU) 2:00 Spiritual Practices (RR) 6:15 Poker (2F)	National Toasted Marshmallow Day 30 9:00 Chair Yoga (AU) 9:30 Trader Joe's (TRP)	National Eat Outside Day 31 9:30 Music & Movement (AU) 1:30 Ice Cream ☺ (BH) 6:00 Movie Night "The Miracle Worker"		Room Site Key (AC) – Arts & Crafts (AU) – Auditorium (BH) – Bee Hive (Ex.R) – Exercise Room (FR) Fountain Room	Room Site Key (HLG) Heritage Lane (LIB) Library (TRP) Scheduled Trip (RR) Reflection Room (2F)–2 nd Floor Game Rm

ALL ACTIVITIES ARE SUBJECT TO CHANGE!!! PLEASE CHECK THE DAILY SHEET FOR ANY ADJUSTMENTS.

Please remember: Proper mask usage is required for all activities and in public spaces (ie: Lobby, Fountain Room, Auditorium, etc.)

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