

SEPTEMBER 2022 - Calendar of Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Room Site Key</u> <i>(AC) – Arts & Crafts (AU) – Auditorium (BH) – Bee Hive (Ex.R) – Exercise Room (FR) Fountain Room</i>	<u>Room Site Key</u> <i>(HLG) Heritage Lane (LIB) Library (TRP) Scheduled Trip (RR) Reflection Room (2F)–2nd Floor Game Rm</i>			Pink Cadillac Day 1 1:30 Bingo (AU)	National Blueberry Popsicle Day 2 10:00 Yoga w/Judy (AU) 1:30 Armchair Travel (AU) “Scandinavia”	International Bacon Day 3 10:00 Zen Coloring (AC) 1:15 Saturday Matinee (AU) “Elvis”
Newspaper Carrier Day 4 2:00 Worship Service (AU)	Labor Day 5 9:30 Qi-Gong (AU) 6:15 Poker (2F)	National Read a Book Day 6 9:00 Chair Yoga (AU) 9:30 Walgreen’s (TRP) 1:30 Ice Cream ● (BH) 3:00 Sing-a-Long ♪ ☺ ♪ (AU)	Neither Snow or Rain Day 7 9:30 Music & Movement (AU) 1:00 Picasso’s Painters! ☺ (AC) 2:30 Spiritual Practices (RR)	National Star Trek Day 8 9:30 Jewel/Osco (TRP) 10:15 Coffee & Chat (BH) 2:00 Bingo (AU) 4:30 Dine In Night! ☺ (RR)	National Teddy Bear Day 9 10:00 Yoga w/Judy (AU) 1:30 Armchair Travel (AU) “Our Great National Parks” 2:30 Jeopardy! (AU)	National TV Dinner Day 10 10:00 Zen Coloring (AC) 1:15 Saturday Matinee (AU) “Grease”
Patriot/Grandparents Day 11 2:00 Worship Service (AU)	Emmy Awards Night 12 9:30 Qi-Gong (AU) 6:15 Poker (2F)	National Peanut Day 13 9:00 Chair Yoga (AU) 9:30 Jewel/Osco (TRP) 2:30 Bowling (AU)	National Kreme Filled Donut Day 14 9:30 Music & Movement (AU) 1:00 Bev’s Book Worms (LIB) 2:30 Spiritual Practices (RR)	International Dot Day 15 9:30 Jewel/Osco (TRP) 10:00 Resident Council (AU) 2:00 Bingo (AU)	National Guacamole Day 16 10:00 Yoga w/Judy (AU) 1:30 Armchair Travel (AU) “Our Planet Special”	Oktoberfest Begins 17 10:00 Zen Coloring (AC) 1:15 Saturday Matinee (AU) “Citizen Kane”
National Cheeseburger Day 18 2:00 Worship Service (AU)	Talk Like a Pirate Day 19 9:30 Qi-Gong (AU) 6:15 Poker (2F)	National Punch Day 20 9:00 Chair Yoga (AU) 9:30 Target/Aldi (TRP) 1:30 Ice Cream ● (BH) 3:00 Sing-a-Long ♪ ☺ ♪ (AU)	National Pecan Cookie Day 21 9:30 Music & Movement (AU) 1:00 Picasso’s Painters! ☺ (AC) 2:30 Spiritual Practices (RR)	First Day of Autumn 22 9:30 Jewel/Osco (TRP) 10:15 Coffee & Chat (BH) 2:00 Bingo	International Day of Sign Languages 23 10:00 Yoga w/Judy (AU) 1:30 Armchair Travel (AU) “Greece” 2:30 Jeopardy! (AU)	National Punctuation Day 24 10:00 Zen Coloring (AC) 1:15 Saturday Matinee (AU) “Breakfast at Tiffany’s”
One-Hit Wonder Day 25 2:00 Worship Service (AU)	Johnny Appleseed Day 26 9:30 Qi-Gong (AU) 6:15 Poker (2F)	Ancestor Appreciation Day 27 9:00 Chair Yoga (AU) 9:30 Trader Joe’s 2:30 Bowling (AU)	National Good Neighbor Day 28 9:30 Music & Movement (AU) 1:00 Bev’s Book Worms (LIB) 2:30 Spiritual Practices (RR)	World Heart Day 29 9:30 Jewel/Osco (TRP) 10:15 Coffee & Chat (BH) 2:00 Bingo (AU)	National Love People Day 30 10:00 Yoga w/Judy (AU) 1:30 Armchair Travel (AU) “Our Great National Parks”	<u>Room Site Key</u> <i>(HLG) Heritage Lane (LIB) Library (TRP) Scheduled Trip (RR) Reflection Room (2F)–2nd Floor Game Rm</i>

ALL ACTIVITIES ARE SUBJECT TO CHANGE!!! PLEASE CHECK THE DAILY SHEET FOR ANY ADJUSTMENTS.

Please remember: Proper mask usage is required for all activities and in public spaces (ie: Lobby, Fountain Room, Auditorium, etc.)

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